

# EUROPEAN STUDIES IN SPORTS HISTORY

Official journal of the European Committee for Sports History (CESH)  
[www.cesh-site.eu](http://www.cesh-site.eu)

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Published by: Presses Universitaires de Rouen et du Havre  
ISSN: 1999-8589

## Instructions to authors – ENGLISH – as on 31/03/2026

Please send your **paper by e-mail** (as an attachment) to Dr. Daniele SERAPIGLIA ([danserap@ucm.es](mailto:danserap@ucm.es))

The minimum number of words for papers (**including** references and illustrations) is **6000 words** and the maximum number of words is **8000 words**. **The following technical specifications must be strictly adhered to:**

1. **Kind of type: Palatino; type size: font 12** and a **line spacing 14 pt**. Space after each paragraph **6 pt**.
2. The use of **abbreviations** must fit the language of the paper. This also applies to abbreviations of bibliographical details in the footnotes.
3. **Quotations** of more than two lines must be set off from the text, **font 11 pt, single spaced**, and indented 1 cm spaces from each margin. Long quotations in languages unfamiliar to most readers should be given in the original in the text; a translation into the language of the paper should be supplied in a note.
4. **Notes** (font 10 pt, single spaced) will mainly be used for archive sources. They must appear as footnotes and are numbered consecutively by the use of the endnote function in your word processing package. However, printed sources must be given in the text (as bibliographical references, see below).
5. **Bibliographical information:** Bibliographical references are given in alphabetical order **at the end of the article**. They are indicated with a **short title inside the article**. Please differentiate very carefully between *books/monographs/journal titles* (always in *italics*) and articles (always in "inverted commas").

**The following guidelines must be strictly adhered to. Please observe the punctuation very carefully. Manuscripts not complying with the regulations will be sent back!**

**5.1 Books/Monographs:** Surname of the author/editor [in small capitals], given name (written out) [comma], *full title* and *subtitle* where appropriate (always in *italics*, separated by a colon) [comma], place of publication [comma], publisher [comma], number of edition where appropriate (as a superscript number; no space) followed by the year of publication [comma], number of quoted page.

**Example for a book:** HOLT Richard, *Sport and the British*, Oxford, Oxford University Press, <sup>2</sup>2025.

→ Short title for further references in the article: (Holt, 2025, 35).

**Example for a collective book:** CARTER John Marshall, KRÜGER Arnd (eds.), *Ritual and Record: Sport Records and Quantification in Pre-Modern Societies*, Westport (Connecticut), Greenwood, 1990.

→ Short title for further references in the article: (Carter, 1990, 21)

### 5.2 Articles (in a book/monograph):

**Example:** KRÜGER Arnd, "The Ritual in Modern Sport: A Sociobiological Approach", in CARTER John Marshall, KRÜGER Arnd (eds.), *Ritual and Record: Sport Records and Quantification in Pre-Modern Societies*, Westport (Connecticut), Greenwood, 1990, 135-151.

→ Short title for further references in the article: (Krüger, 1990, 140)

### 5.3 Articles (in a journal):

**Example:** BOLZ Daphné, " Reversing the influence: Anglo-German relations and British fitness policies in the 1930s', *Sport in History*", *Sport in History*, vol. 34, no. 4, 2014, 569-594.

→ Short title for further references in the article: (Bolz, 2014, 574).

**6. Illustrations.** If the paper contains **photographs, diagrams or drawings**, they must be sent in a form in which they can be readily reproduced. Where permission to publish (**copyright**) is necessary, it is the **author's obligation** to obtain such a release. Authors must indicate the appropriate position for illustrations in the text (insert here >) and not forget to supply corresponding captions for them. All illustrations must fit into the 4000-8000 words.

7. Please **do not underline, use bold types and or capitalisations in any part of your text**. *Italics* must be used for all *books/monographs and journal titles* as outlined above. They may also be used to add emphasis in the text.

**8. Reference marks.** For texts written in English reference marks should be indicated after punctuation. Ex.: "[...] of sport".<sup>3</sup>

## 9. Titles and subtitles

Titles and subtitles should be indicated using Arab umbers, i.e.:

1. The sea
  - 1.1. In Europe
  - 1.2. In America
2. The wind
  - 2.1. Here
  - 2.2. There
3. Conclusion

**At the end of your article, please list your references using the below categories:**

- Bibliography
- Printed Sources (if applicable)
- Archives (if applicable)

**Documents to be sent IN ENGLISH with the article:**

- Abstract of the article: 100-150 words (Please don't forget to translate the title!)
- 3-5 keywords
- Biography of the author: 20-50 words